
Spiritual Companion Resume

Tucson, Arizona • kmr@karenrutherford.com

PROFESSIONAL SUMMARY

Thoughtful and attentive spiritual companion and coach looking to help clients identify personal and professional objectives and create steps in their lives to achieve them. My goal is to help my clients find their passion in life and seek ways to live their true purpose.

SKILLS

- Active listening and effective communication focused on client understanding and success
- A wide lens and high comfort level in working with people coming from diverse spiritual backgrounds
- Experience leading adult education and corporate classes and retreats and facilitating retreats and supporting retreatants for spiritual and silent centers

EDUCATION and CERTIFICATIONS

- IAP Career College Certified Life Coach
- Completed coursework at the Hesychia School of Spiritual Direction
- Bachelor of Science: Management and Information Systems, Park University

WORK HISTORY

Various Freelance and Contract Engagements (remote and in-person)

Tucson, Arizona, Indianapolis, Indiana, and Atlanta, Georgia
October 2002 to Present

- Worked as writer, editor, trainer, process improvement analyst

Redemptorist Renewal Center, Tucson, Arizona

February 2020 – March 2021

- Maintained website, online workshop calendar, managed technical aspects of spiritual direction course offerings

Desert House of Prayer, Tucson Arizona

February 2017 – March 2020

- Served as Assistant to the Director, Development Director, and Backup Guest Coordinator

Oldenburg Franciscan Center, Oldenburg, Indiana

October 2011 to October 2016

- Provided support and admin services to help ensure a positive experience for all retreatants and workshop attendees